



MICRODERMABRASION TREATMENT FAQs

Microdermabrasion provides a non-surgical skin refinish procedure, by using sterile micro-crystals to abrade or rub off the top skin layer, then Vacuuming out the particles along with any dirt and dead skin back up.

This procedure removes skin debris, imperfections, blemishes, wrinkles and unwanted pigmentation on the skin. The unit has a special feature, which is the ability to vacuum back the remaining crystals on the skin.

Microdermabrasion can effectively reduce or eliminate many of the skins imperfections, these include:

- Acne
- Acne scarring
- Pigmentation
- Uneven, dry or rough patches of skin
- Fine lines and wrinkles
- Blemishes and Blackheads
- Sun spots
- Enlarged pores
- Sebaceous hyperplasia
- Oily skin
- Dull uneven skin tones

How does it work?

The microdermabrasion treatment uses a stream of non-allergenic crystals to remove your skin's outermost layers of dead cells. The handset is used to direct the stream of crystal over the treatment area and, where necessary, target specific zones. The handset then uses a mild suction to draw away the crystal and skin debris to reveal your new and improved complexion.

This is chemical free and non-invasive yet achieves amazing results revealing younger, healthier looking skin from the very first treatment. The skin's appearance is further improved through increased collagen & elastin production as your body produces a new layer of skin.

How many treatments will I need?

Generally, we recommend a course of 6 to 8 treatments, usually performed every 7 to 10 days. People with acne or acne scarring may need more. We recommend a monthly maintenance treatment after the course has finished to help maintain the results achieved.

Does it hurt?

No, this is a pain free, relaxing treatment.

Are there any side effects?

- Slight itching
- Erythema (redness)
- Tingling effect
- Side effects
- On occasions a small temporary hyper pigmentation will surface on small parts of the treated area. In general, it disappears within one or two weeks. If the hyper pigmentation persists, apply a cream with 4% of hydroquinone for a few days and the problem will disappear.

Contra-indications

A contra-indication means that a treatment cannot be carried out, that you may not be suitable for this treatment or you have a condition which requires a Doctor to give their approval before treatment is performed.

The contra-indications to a Microdermabrasion treatment are:

- Diabetes - not controlled by diet or medication
- Cancer - Undergoing treatment
- Accutane or Isotretinoin
- Blood thinners
- Grade 3 Acne
- Cold sores
- Sun and wind burnt skin
- Vascular Lesions
- Rosacea
- Scleroderma
- Spider veins

What is the aftercare advice following treatment?

- Do not wear heavy makeup for 12 hours
- No swimming, facial waxing or tanning for 24 hours
- No sunbeds, sun exposure, saunas, Botox, fillers or collagen injections for 48 hours
- No antiaging creams, AHAs, retinol or exfoliating products for 72 hours
- Wear an SPF
- You should wear additional moisturiser initially to combat any dryness or flaking.

karina@proskinesshetics.com
www.proskinesshetics.com
07581304580
@karinaproskinesshetics
@proskinesshetics