



CHEMICAL PEELS TREATMENT FAQs

Chemical Peels work to penetrate the top layer of the skin, accelerating your body's natural exfoliating process, they stimulate high levels of collagen and increase the moisture levels within your skin. Peels leave your skin looking tighter, smoother, plumper and healthier, they dramatically improve the skins appearance, not just on the face but the, hands, neck and décolletage too. Pro Skin Esthetics offer a range of different chemical peels, designed to treat specific skin conditions and types.

A chemical peel can effectively reduce or eliminate many of the skins imperfections, these include:

- Acne
- Acne scarring
- Pigmentation
- Uneven, dry or rough patches of skin
- Fine lines and wrinkles
- Blemishes and Blackheads
- Sun spots
- Enlarged pores
- Dull uneven skin tones

How does it work?

The peel contains natural acids (naturally occurring Alpha-Hydroxy- Acid or AHA), which works to penetrate the top layer of the skin, therefore accelerating your body's natural exfoliating process. This exfoliation process stimulates collagen and increases the moisture level within your skin to give a firmer, tighter and brighter complexion. A peel is designed to exfoliate and rejuvenate you skin by encouraging fresh new skin cells to the surface. It is not limited to improving your face; this rejuvenation treatment can be used to refresh your hands, neck and décolletage as well, ideal for creating a complete age-defying effect.

How many treatments will I need?

The gentle but effective nature of a peel means that you can refresh your skin every 7-14 days and maintain your clearer skin every 4-6 weeks thereafter. A course of 6 treatments is recommended.

Do chemical peels hurt?

You may feel a slight tingle on the skin throughout the treatment, this is completely normal, and many clients describe it as a relaxing treatment.

Are there any side effects to a chemical peel?

Chemical Peels works on the most superficial layer of your skin, so any peeling and redness is minimal. You can go about your normal daily activities immediately.

What is the aftercare advice following a chemical peel?

- You may initially experience redness, light peeling, flaking, tingling and itching when applying products and you should understand that this is common but temporary.
- You may experience some light abrasion of the skin following treatment.
- You should wear SPF when having a peeling treatment.
- You should understand when treating acne that the treated areas can “break out”.
- You should wear additional moisturiser initially to combat any dryness or flaking.
- Please do not undergo any bleaching, waxing, or electrolysis treatments whilst receiving this treatment.

Contra-indications

A contra-indication means that a treatment cannot be carried out, that you may not be suitable for this treatment or you have a condition which requires a Doctor to give their approval before treatment is performed.

The general contra-indications to a chemical peel treatment are:

- Cuts and abrasion of the skin's surface.
- Scar tissue less than six months old.
- Recent sunburn.
- Any undiagnosed lumps or swellings.
- Severe eye infection.
- Any bacterial, fungal or viral infections.
- Conjunctivitis.
- Bruising to the area.
- A known allergic reaction.
- Broken bones
- Severe eczema or psoriasis.

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